Hello! I am pleased to say that I am back on-campus and have returned from maternity leave. I appreciate all of your patience and understanding during my absence. I am thankful for my colleagues and the work they put in to support you all while I was away. Thank you!

I hope you all have enjoyed the many great things happening throughout the campus and the Carbondale community this semester. A number of events happening at the Center for International Education (CIE) are listed the left-side column of this newsletter. Please be sure to check out these offerings.

If you have not walked through campus recently, please do so! The scenery is vastly changing into various shades of red, orange and brown. It is truly a beautiful fall sight all across campus and is a pleasant time of year. As the American Thanksgiving holiday approaches (November 22), it is a great way to reflect on the many things to which we are thankful!

The International Students & Scholars (ISS) office located at the CIE is always looking for ways to expand our reach and better serve our students and visiting scholars. I hope you find this newsletter to be helpful in keeping you connected while you are here with us at SIU.

As always, if you have any questions or would like to say ‘hello’, you may stop into the Center for International Education, write us by email at jvisas@siu.edu, or call our front-desk at (618) 453-5774.

Sincerely Yours,
Tina Sickinger
SCHOLAR SPOTLIGHT
DR. YONGPING ZHAO
PSYCHOLOGY RESEARCHER

Time passes so fast that I have spent a year in America as a visiting scholar. In this year, I took part in many activities and visited many American scenic sites. By these activities, I learned much about America culture.

In this year, I have visited many different theme parks and learned American culture by these scenic spots and historical monuments, such as the Grand Canyon, Antelope Canyon, the Giant city et al. By these scenic spots and historical monuments, we learned about many environmental sites, architectural buildings and social cultural activities in addition to my scholarly and scientific research on campus.

In summary, I learned a lot about different American cultures even though they are just a small part of the whole American culture. The Center for International Education provided us with many different groups and activities and gave us opportunities to learn American culture. The Department of Psychology offered me a lot of academic and research support. Many thanks to CIE and the Psychology Department!

HOT APPLE CIDER

INGREDIENTS
8 cups fresh apple cider or apple juice
2 tsp ground cinnamon or 2 cinnamon sticks
1/8 tsp grated nutmeg
4 whole cloves
1 orange, cut into slices
8 cinnamon stick
1 cup sweetened whipped cream

DIRECTIONS
Heat the cider, cinnamon, nutmeg, cloves, and orange slices in a 3-quart saucepan. Cook over medium heat for 5 minutes or until the mixture is hot, stirring occasionally.
Strain the cider into a heatproof pitcher or individual mugs. Garnish with cinnamon sticks and whipped cream, if desired.
FALL MEET & GREET

This September, ISS had the opportunity to have a Meet & Greet with J-1 Visiting Scholars and their hosts. Reema’s Indian Cuisine supplied vegetable samosas and chai tea which everyone enjoyed while conversing.

At the event, attendees went around the room and introduced themselves and what department they were under. There were a variety of departments represented from all over campus including; art and design, mathematics, counseling, plant biology, and more. Scholars shared their research with one another and were able to connect over project details. Cultural activities in the area were also discussed, like the recent Murphysboro Apple Festival.

ISS is looking forward to hosting more of these events in the future to build relationships with each scholar and host. In the mean time, feel free to stop in the office and say ‘hello’!

IMMIGRATION REMINDER

Address, telephone number, and email updates must be submitted within 10 days to jvisas@siu.edu.